



Athletes head out of Richmond Holiday Park (RHP) via the gate and onto the private road. Turn left and head to the end of the road and turn right onto Richmond Drive leading into Seacroft Drive following this stretch of road for 1km to arrive at Seacroft Square.

At the T-junction athletes bear left and continue straight ahead. Turn right onto Drummond Road and follow for 12km to reach Gibraltar Point. Athletes turn into the closed part of Gibraltar Point Nature Reserve car park where marshals will be based for participant and spectator safety.

They return and turn left into Seacroft Square, turn right back onto Drummond Road for the second lap. On final return they turn left onto Seacroft Square, left onto Seacroft Drive and return to main venue.